

Confirmation Mentoring at Lord of Life

Purpose of mentoring:

Mentoring helps cultivate a welcome and safe relationship to explore faith and be known and cared about by an adult leader. Also, mentoring:

- Expands the circle of trusted adults in a young person's life
- Gives the opportunity to see a non-parent adult live a life of faith
- Offers young people opportunity to explore and make sense of their faith
- Allows youth and adults to learn from each other and have fun together

Mentors should be available, authentic, and affirming. They reach out to the mentee by text, email, mail or in person. They should strive to attend any planned mentor/mentee events. They should look for service opportunities to do with mentee, aiming for at least 5 hours total for the year. Finally, mentors are encouraged to pray for their mentee.

Mentees should be willing to get to know their mentor, learn from their mentor, and spend time with their mentor. They should reach out to their mentor by text, email or in person. They should strive to attend all planned mentee/mentor events. They should invite their mentor to do service work with them totaling at least 5 hours per year.

Parents should be supportive and encouraging. They should assist their child in communicating with their mentor as needed. They should connect with their child's mentor and exchange best contact information. They should assist their child in getting to know their mentor as needed. (This might be encouraging a phone call, a meeting, or text messages.) They should help their child find service work to do. They should make note of all planned mentor/mentee meetings and prioritize the meetings.

When working together as a team, parents, mentors and mentees can help make the best of the mentor program at Lord of Life.